1. Solving a problem means finding a way out of a difficulty, a way around an obstacle, attaining an aim which was not immediately attainable. Solving problems is the specific achievement of intelligence, and intelligence is the specific gift of mankind: solving problems can be regarded as the most characteristically human activity. The aim of this work is to understand this activity, to propose means to teach it, and, eventually, to improve the problem-solving ability of the reader.

2. This work consists of two parts; let me characterize briefly the role of these two parts.

Solving problems is a practical art, like swimming, or skiing, or playing the piano: you can learn it only by imitation and practice. This book cannot offer you a magic key that opens all the doors and solves all the problems, but it offers you good examples for imitation and many opportunities for practice: if you wish to learn swimming you have to go into the water, and if you wish to become a problem solver you have to solve problems.

If you wish to derive the most profit from your effort, look out for such features of the problem at hand as may be useful in handling the problems to come. A solution that you have obtained by your own effort or one that you have read or heard, but have followed with real interest and insight, may become a pattern for you, a model that you can imitate with advantage in solving similar problems. The aim of Part One is to familiarize you with a few useful patterns.

A method of solution is perfect if we can foresee from the start, and even prove, that following that method we shall attain our aim.