

ghost.txt waggle.txt

1. Read the material on Ghostbusters and on Waggle Dancing Bees and take some notes.

Write down at least one paragraph of your ideas/confusions/ questions/applications/connections (and/or) to bring to the group discussion. You will read this paragraph to the other members of your small group.

2. Read the material from Coaching the Artist Within. Take some notes.

- i. Try to relate that material to the Peter Venkman quote about "studying the effects of negative reinforcement on ESP ability".
- ii. Look up the word "attitude" in the dictionary. Write down the definition. Develop some insight or express some confusion or ask some question about how that definition relates to Ghostbusters, to Polya quote in ghost.txt, and/or to the Eric Maisel readings on Coaching the Artist Within and Getting a Grip on Your Mind.
- iii. See page EEE of the EricMaisel2.pdf handout.

Write down the simple three-step procedure:

- a. notice and identify;
- b. dispute the self-sabotaging; and
- c. substitute the useful).

1/2

Come up with an example of this from your experience and observation or readings and imagination. Write it down (all 3 parts).

3. Bring one sheet of paper filled up on at least one side with your paragraph(s) from 1 above and your tasks and output from 2 (i. and ii. and iii.).

<http://www.cs.uni.edu/~jacobson/ghost.txt>
[waggle.txt](http://www.cs.uni.edu/~jacobson/waggle.txt)

#3 is due in class on Wednesday, October 1st.

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Figure 2.3 Fixed mind-sets focus on ability, while growth mind-sets focus on effort.

effort ability Indomitable spirit = effort

From STEM to STEAM

