Directions for Allerton 23 mile run.


1. Begin in parking lot by Fu Dog Garden (*Water Here*)
2. Head out of parking lot turning down path to Fu Dog Garden
3. Head down trail leading out of back of garden into woods (path of Second Wind’s Allerton Trail Run)
4. Follow path top of stairs, then turn right on path that separates meadow from pond in front of Allerton House
5. Follow path to visitor’s center; continuing to road
6. Turn right on road and follow past Fu Dog garden to entrance of park at county road (you’ll pass between 2 brick columns—Long Grove development will be straight ahead)
7. Turn right onto county road
8. Continue on road to first intersection, turn left
9. Follow road past back entrance to Allerton Park (road curves-*Water Here*)
10. Continue on road as it drops down to a creek and back up to next intersection
11. Turn left and follow road to bridge over Sangamon River (*Water Here*)
12. Continue uphill to next intersection and turn left
13. Continue until next intersection, which is at bottom of a hill with bridge immediately after turn
14. Turn left and follow road up hill, where woods on right replaced by pastures.
15. Turn left at entrance to Allerton Park (if continued straight ahead, you’d run to Monticello)
16. Go to barricades on road just beyond entrance of parking lot for trails on the south side of park (*Water Here*)
17. Turn around and retrace route back to Allerton Park (*Water still at Sangamon River bridge and back entrance to Park*)
18. Turn into park at brick columns and continue past Fu Dog Garden parking lot
19. Follow road past visitor’s center toward Centaur and Sunsinger
20. At back entrance/exit to park (*Water Here*), turn around and return to start at Fu Dog Garden parking lot

**MAP DOES NOT SHOW LAST LEG FROM FU DOG PARKING LOT TO REAR EXIT OF PARK AND RETURN**